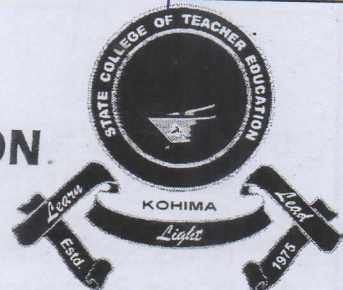




STATE COLLEGE OF TEACHER EDUCATION KOHIMA : NAGALAND



Estd. 1975
UGC Recognised 2(f) & 12(B)
Affiliated to Nagaland University
NAAC Accredited 'B' Grade 2011

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Bi-Monthly Bulletin
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Welcome to the September and October Edition of our college Bi-monthly Bulletin!

As we embrace the vibrant hues of autumn, we are delighted to present the latest edition of our college bulletin. With a myriad of exciting events, achievements, and note worthy developments, these past two months have been truly remarkable for our college community. From insightful guest lectures, seminars, assignments, presentations, project works it has been a hectic time for both student teachers and teacher educators yet have continued to excel in various fields, both academically and beyond.

Delve into the pages of this bulletin to explore the diverse accomplishments, ideas, opinions, inspiring stories and the creative sides of our college. Wishing you an enriching reading experience.

The most important person in my life

The person whom I call 'oja' is the most important person in my life. She is my mother, the reason for my existence. She is caring, beautiful and the most selfless woman. I bet, if you get to know her yourself, you will feel her warmth and kindness. She is the person who taught me the greatest lessons of living; to be grateful and to stand strong through the storms of life, in short she taught me how to live life. Despite the million things that hunt her, she taught the essence of being humble. Even when people treated her bad, she always allowed God to deal with it and taught me not to hate anyone, as hate in heart will only consume me. My mother taught me to be a woman of faith and to love God. Never in my life have I seen someone who devoted her whole life and sacrificed her happiness for her family's happiness without wanting anything in return. And I think, that is the greatest and the purest form of love.

She is my best friend, my greatest cheerleader and the one who makes me feel beautiful from the time I was little till today. She is not good with technology and don't know how to use social media well however ever since she got a smart phone she always post something for me every year on my birthday and that makes me the happiest. Whenever, I am in great pain physically and mentally, I crave for my mother's attention and a single touch and a single word of prayer from my mother's lips make me experience the miracle of healing. That is when, I am always reminded that no matter how old I get, I need my mother besides me and nothing in this world can be compared to the truest form of my mother's love which makes her the most important person in my life.

- *Zuinla Jamir*
3rd semester

Making a difference

The B.Ed. program is challenging with assignments, discussion, presentations, and seminars, but its enlightening.

Classroom discussions help us learn from diverse perspectives and improve communication skills. Group discussions foster personal connections with classmates. Guest speakers and seminars offer valuable insights and inspiration.

As Margret Mead once said, "a small group of committed citizens can change the world." B.Ed. student's teachers can bring positive change in the society with their understanding of student learning, motivation, and development.

- *Soihiam*
1st semester

"A journey of a thousand miles begins with a single step" Lao Tzu

Brief report of the administrative Events and college activities (September October, 2023)

1. 2nd Sept. 2023- Three faculty members resourced in a State Level Workshop organized by Kohima Science College, Jotsoma (Autonomous) on the theme "Students Assessment and Evaluation".
2. 4th Sept- the college celebrated pre-teachers day.
3. 11th - 15th Sept- Pre- internship program conducted in the schools.
4. 19th Sept- Principal and two faculty members attended a training program conducted by Higher Education Department on the theme-Academic Performance Indicators (API)
5. 19th Sept- four students from 1st semester donated blood for a kidney patient at Naga Hospital, Kohima.
6. 22nd Sept- PM-USHA Planning and Monitoring committee meeting held.
7. 22nd Sept- International day of sign languages was observed.
8. 3rd Oct- Faculty meeting held.
9. 5th Oct- A talk on Gender Sensitization (EPC-1) was taken up by Dr. S.N. Among Pastor, Kohima Ao Baptist Church.
10. 7th Oct- A Sales Day was organized in aid of Golden Jubilee of the college coming up in 2025.
11. 9th Oct- Faculty meeting held.
12. 10th Oct- college observed World Mental Health Day.
13. 11th Oct- Principal attended DPDB Village Adoption committee meeting.
14. 13th Oct- A Panel Discussion was organized in the college by the Nagaland Education Association on the theme "NEP 2020 and Pedagogic reforms in Nagaland". Three faculty members took part in the program.
15. 16th Oct- Principal attended DPDB meeting at DC's Conference Hall.
16. 19th Oct- Principal attended Principals' Annual Conference at Directorate of Higher Education, Kohima.
17. 20th Oct- Club Activity Day was organized. Different co-curricular activity group showcased their skills and talents.
18. 20th Oct- The college participated in Khadi Mahotsav by organizing a quiz competition.
19. 21st - 31st Oct- The college took part in Swachhta Pakhwada 3.0. Both students and faculty took part in the event.
20. 30th Oct- The college participated in Rashtriya Ekta Diwas along with the rest of the nation.
21. 31st Oct- Faculty meeting held.

Recultivating Humility

Try searching for genuine humility around you and you will start realising that it is a rare gem in the present generation. When everyone is so self-obsessed, let's learn to re-cultivate humility once again when people least expect it. It can be seen in various ways but genuine humility is shown in the attitude when one is provoked. An individual may appear humble with their words and actions but once you touch their ego, their real self shows up and then, it is easy to discern if a person is humble or proud and arrogant. It is good to carry a positive pride but excessive pride is the real destroyer of an individual's respect. The Oxford Dictionary defines Humility as the quality of having a modest or low view of one's importance. Some people think that, in this MEAN world, people will trample over you if you are too humble. So, let's be reminded of a quote by Mother Teresa which says, "If you are humble nothing will touch you, neither praise nor disgrace, because you know what you are." So, dear readers, let's all recultivate the culture of Humility for a peaceful and a safe society without judgement once again when the society least expects it.

- *Vivhekhonuo Vielie*
1st semester

Behold!

Isn't it a strange nostalgia? To revisit the day that felt lively;
Found friends like the golden dune of summer,
That could extinguish the covert fears.
Learned to embrace this unique journey;
With fragile chunks of memories, all scattered like dust of glitter,
Found the lost treasure, with loud cheers.
Echoing like a song, a little dreamy;
With marks of kindness, erasing each blunder.
When time feels like running, great memories, my dears.
For like a dream it will be, after it is gone.

- *Zainda Jamir*
3rd semester

INFORMATION COLUMN

*Don't miss out! Join us for an
exciting day of Spiritual growth.
"One Day Discipleship Retreat"*

Date : 18th November 2023

Time : 9:00 am

Venue : SCTE-K

"A winner is a dreamer who never gives up" Nelson Mandela

FACULTY COLUMN

Living, Learning and Teaching Peace

As parents we all pray and wished that our children become good citizens, good leaders and live safely in this world. Let us all close our eyes and dreamed of a world in which our children go to school and learn to be mindful, communicate skillfully, embrace and respect multiculturalism, promote equality and human rights, applies restraint, resolve conflicts with the right conflict handling mechanism, protect and preserve our planet earth, to live sustainably, and with love and compassion. We can make this dream a reality by introducing peace education in all educational institutions from the lowest to the highest level.

If "war begins in the minds of men" UNESCO; war is a mental disorder and if the seeds of war and conflicts are once sown then, it is nurtured by hatred, jealousies and fallacies, prejudices, self-centred and ethnocentric. If this seedling of conflict and war is not plucked off in the minds of men, it will continue to grow. So, it is through our mind- through education- that conflicts and war can be reduced and eradicated and peace can be instilled. I see peace education as the only panacea of all ills and evils.

No doubt, education for peace is integrated in all the disciplines but it is not sufficient. NCF 2005 of NCERT has already proposed peace education to be an integral part of our school curriculum. I believe making peace education as one of the core subject in the school curriculum would bring a difference in the quality of thinking of our future generations. The basic tenets of peace education can be taught in the lower level and as one proceed to next higher level more abstract concept can be introduced. So that, anyone who could not continue their further studies can still apply their knowledge of peace in their real life situations.

In the present system of teacher education curriculum, peace education is introduced as an optional subject. I wish peace education is made a core paper in teacher education curriculum, where every prospective teacher can be equipped with the knowledge of the ways of living in peace, teach peace and also infect others with education of peace like the ripple effect. Long time ago, Maria Montessori said "Averting war is the work of a politician: establishing peace is the work of education."

As teacher educator of peace education, who after handling this paper have learn so much about peace building and trying to live in the ways of peace and teach peace education, felt and assumed that if peace education is taken seriously and it is taught to our children from the very foundational stage to higher education, then the quality of living in awareness would be deepen and the world will be more safe.

- Faculty
Peace Education

ALUMNI COLUMN

Fostering respect towards Elders

For young individuals aiming to demonstrate respect towards their elders, it is vital to cultivate a mindset of active engagement and attentive listening when interacting with them. This includes demonstrating genuine interest in their experiences and perspectives, fostering a sense of empathy by attempting to understand their challenges and triumphs, and actively seeking their advice and wisdom on various matters. Expressing patience during discussions and tasks, along with expressing gratitude for their contribution to the family and community, helps reinforce the importance of valuing their presence and knowledge. This attitude of mutual understanding and appreciation not only enhances intergenerational relationships but also fosters a nurturing environment where both parties can benefit from each other's experiences and perspectives.

- Alumnus
M.Ed. 2015 batch

Epitome of selfless love

She faces countless trails and challenges,
Yet she kept going.
Even though the storms,
Not surrendering to the walls she had to climb.

So selfless, grit and strong she is,
A vivid believer of love.
Do not beg to salvage her,
In complete disaster she still fight for aspiration.

Someday, she will no longer be there,
She's the reason I aspire.
Can't even grasp the thought,
My heart will get placed beneath the ground.

- Kedukhrou
1st semester

Women a beautiful masterpiece

A women with the heart of a thousand mothers.
Blessed with the character of open, fearless and sweet.
Like the distinct flowers in the garden,
each unique and beautifully created with love .
Glorified with the strength that amazes men;
She carries hardship and burdens,
But still holds the key to hope, joy and love.
A women so delicate believes in fairy tales,
Though deep within she possess the soul of thousand brave warriors.
She have a heart that cries when delighted.
Yet sturdy as a diamond against injustice.
A million praises to all the women for your efforts.
But never should you forget your worth.
Always remember, you are an elegant women,
A miracle of life and a beautiful masterpiece of God

- Anonymous

"Believe you can and you are half way there" Theodore Roosevelt

